



trinity topics

From the Rector's Desk . . .

By the Reverend Sherry Deets

This month I share an excerpt from Becca Stevens' newest book *Love Heals* from Chapter 2 on healing with daily rituals:

It takes all night to raise the sun. The spinning of the earth makes it possible to catch that first glimpse of a sunrise. Every morning brings hope of a new beginning, but we let too many of them slip by.

My head and heart are clearest in the morning. I like to get up while it's still dark and wait with the patient trees and hungry birds for the sun to rise. The night moves from black to gray, then to a soft lavender with hints of pink. Just as golden shafts backlight the clouds and an orange glow begins to grace the horizon, I can feel my spirit rise with the sun. I feel the gift of another day and the hope of a new beginning.

This morning I went outside and felt the sunrise that was offered like a gift wrapped in bands of purple. I saw two beautiful rabbits feasting on clover in my overgrown yard, and a cool breeze kissed my cheek in the midst of the summer heat. I was full of praise and gratitude, and I felt inspired to birth new ideas. This morning I prayed with joy, *Alleluia! Praise God, from whom all blessings flow.*

But not yesterday. Yesterday there was another mass shooting in America, someone in our Thistle Farms community relapsed (after she had survived rape and being shot by her pimp), and a storm hid the sunrise. Yesterday I felt anxiety about death after visiting three people who were sick in the hospital. Yesterday was hard. On those days, I need to learn that then, too, I must practice all my daily rituals in faith. Then, too, I need to sing "Alleluia" even as I weep.

Sunrises help me learn to do this. They remind me that healing can be beautifully simple and surprisingly accessible. Healing can happen in both dramatic and small ways. The healing we are seeking for our lives and for the world is something we can experience through a commitment to daily practices that lead us toward wholeness.

INSIDE THIS ISSUE:

From the Rector's Desk	1-2
What's Cookin' in Coatesville	2
Lenten Offering	2-3
Gentle Yoga	3
Annual Meeting	3
Holy Week Schedule	3-4
Underwear and Socks Drive	4
Columbarium	4-5
Fundraising	5-6
SCRIP	6
Veterans Brunch	7
150 th Anniversary	7
Women's Group	8
Easter Flowers Order Form	8
Birthdays & Anniversaries	9
Calendar of Events	10
Readers, Servers and Greeters	10
Mission Statement & Contact Information	11

These ancient rituals are found in Scripture and in the testimony of faithful men and women. When practiced regularly, they help us discover how love heals us.

- Reading Scripture. Finding new life in living words give us hope.
- Praying the Psalms. Every sort of condition of humanity is addressed in the words of the psalmists, and we can use them to pray.
- Breaking bread together. Either through the Lord's Supper or offering grace at every meal, we remember that everything we eat is a gift from God.
- Fasting. This tradition of going without food focuses us and helps us set intentions. It helps our discipline when practiced with prayer.
- Washing feet. This was an act in which Jesus told us we would be disciples. As part of a faith community, it is an intimate and humbling way to offer love to another.
- Anointing. As with so many instances in the Bible, anointing is the application of healing oils as a sign of repentance, gratitude, or petition.
- Laying on hands. This tradition echoes the church after Pentecost, when Peter and John laid their hands on newly baptized Christians: "And they received the Holy Spirit" (Acts 8:17). When we lay on hands as a community, we invite the Spirit in.
- Walking. Taking time to exercise and experience a trail or path frees your mind and settles your spirit. Sometimes it's easier to pray when our feet are moving.
- Lighting incense. This tradition is as old as Moses. As the frankincense rises, we can envision our prayers lifting as the aroma cleanses our thoughts and we are invited into silent prayer.

Some of these practices are best done daily, such as reading, walking and praying; others are best done at regular points during the year, such as fasting and washing feet. Look to church traditions, calendars, or your own schedule, and think of ways to weave some of these ancient practices into your life.

What's Cookin' in Coatesville?

Our healthy meal program continues on the Third Thursday of the month, March 15th at 6 p.m. in Stone Hall. We usually have a good time serving and cleaning up, so if you would like to join the fellowship and volunteer, please arrive at 5:45 p.m. Our March offering is Turkey Corn Chili, Grandma's Cornbread, Tortilla Chips & Salsa and Chocolate Mint Brownies for dessert. Join us!

Lenten Offering of Lectio Divina

On Thursdays at 11 a.m. during the season of Lent (Beginning February 22 and then March 1, March 8, March 15, and March 22), Meg Devereux will guide us in the prayer practice of Lectio Divina.

"Lectio Divina is one of the great treasures of the Christian tradition of prayer. It means Divine Reading, which is reading the book we believe to be divinely inspired. This tradition of prayer flows out of a Hebrew method of studying the Scriptures which was called *haggadah*. *Haggadah* was an interactive interpretation of the Scriptures by means of the free use of the text to explore its inner meaning. It was part of the devotional practice of the Jews in the days of Jesus."

March 29	Maundy Thursday (in Stone Hall) Agape Meal The Washing of Feet The Stripping of the Altar (in sanctuary)	7:00 PM
March 30	The Good Friday Liturgy	7:00 PM
March 31	Holy Saturday Morning Prayer	9:00 AM
April 1	Easter Sunday Celebration of the Holy Eucharist	9:30 AM

It Rained Underwear and Socks!

Thanks to a very generous congregation here at Episcopal Church of the Trinity, we have collected 57 pairs of men’s underwear, 96 pairs of socks and a pack of 3 T-shirts. They will be divided between City Gate Shelter and the Atkinson Men’s Shelter and delivered.

Here’s an anecdote to tell you how much appreciated these contributions are: when I delivered socks to Atkinson last year, one of the men who helped carry them in was really happy about it. He said he had gotten a job as a restaurant dishwasher, and the floor was so wet that the dishwashers were given something like rubber overshoes to wear on the job. However, he was sliding around in these overshoes and his feet hurt. He was delighted to be getting socks.

For the CYWA women’s and children’s shelter, you donated 28 pairs of children’s underwear and 59 pairs of really cute socks. For the women, you gave 79 pairs of socks and 42 pairs of underwear and 4 pairs of tights.

What a blessing to receive new, fresh underwear and socks! And what a blessing this congregation is to the shelters and to the community of Coatesville!

Deacon Joan

TRINITY COLUMBARIUM

It’s been almost a year since we began talking about the plans for and specifics of a columbarium at Trinity. You’ll remember that this would be a series of niches designed to house and protect the cremains of our loved ones and ourselves. Each niche is clearly inscribed with the names of the departed resting within so we have a permanent remembrance.

Due to weather and budget restraints, we've held off on finalizing the design and supplier but would like to move forward so that the columbarium becomes a reality in this, our 150th celebratory year. To greatly help us, we are again asking that you consider the columbarium as the final resting place for yourself or loved ones. Several have already signified their intentions but we need to hear from all within the Trinity family who would like to remain a part of Trinity and loved ones after passing on to your new life. And you'll be joined by fellow members of Trinity along with neighbors and friends within the community to whom niches will be made available.

To assist in the decision process, I've included the table below showing the various levels of cost to you in order to plan ahead. And remember that the entire amount need not be paid at time of purchase, as we are willing to extend terms of payment with which you are comfortable and which signify your commitment to the long term.

MEMBERS Pre-Construction - \$800

Ongoing/At Time of Need - \$1,000

NON-MEMBERS Pre-Construction - \$1,200

Ongoing/At Time of Need - \$1,500

The figures above reflect costs derived from construction quotes already received and are guaranteed for not longer than 90 days.

At this time, we ask that anyone even considering the columbarium contact Rev. Sherry, Bill Terry or myself with your intent and/or any questions. Further, even if you have *ALREADY* reserved a niche, please let one of us know at your earliest opportunity so we have an accurate and up-to-date accounting.

Thank you for your interest in being a lasting part of Trinity's future and legacy.

Best regards, Vic Shanley, Chmn., Ad Hoc Cmte.

FUNDRAISING

Gone through all the Christmas gift cards you got? Looking ahead at those Spring fashions and things for summer entertaining? Heaving a big sigh when you see the price tags???

*Well, get your daubers ready because on Saturday, March 17, you'll be treated to an evening of fun and games at Trinity's "**GIFT CARD BINGO**" where that wish list might just become reality. At 5.30, we'll open the doors so you can come in and enjoy a yummy Meatball Sandwich or a couple of Hot Dogs (Ball Park!), Chips, Dessert and a Beverage. And while it may not be green, there will also be Beer available for an additional nominal charge. Then at 6.30.....LET THE GAMES BEGIN!!!*

*In addition to taking the edge off that late day hunger, there will be **12 GAMES OF BINGO** where your lucky dauber can earn you numerous valuable Gift Cards redeemable at department stores, restaurants, grocery stores, etc. And let's not forget the evening raffle. But that's not all.....stick around for the last game because the evening wraps up with*

POT o' GOLD GAME!!!

\$100.00 CASH for the last game!

So, here's the deal.....

\$25.00 Admission Includes:

One Meatball Sandwich or Two Hot Dogs

Chips, Dessert, Beverage

Beer at Additional Charge

One Raffle Ticket

12 Games of BINGO

Pot 'o Gold CASH Game

And did we mention? YOUR participation helps to support Trinity and its needs!

And bring your friends and neighbors.....See you there!

Don't forget to check SCRIP online for SELECT purchases to benefit Trinity!

I know that some of you don't want to use the SCRIP program because you want to get rebates on your credit cards instead. Totally understandable, especially when the Scrip rebate is 5% or less. But many retailers have a MUCH MORE generous rebate to Trinity, and THOSE are the purchases that make more sense to use Scrip. GAP and BANANA REPUBLIC are currently 20%!!! Land's End is 16%! Talbot's is 13%! Macy's and Chipotle are 10%! Regal Cinemas and Panera Bread are 8%! Bed, Bath and Beyond and Starbucks are 7%! It is so easy to set up a Scrip account, and you can get an instantaneous gift card to use to shop online or to print and take with you. These are just a sampling of retailers- there are hundreds. So if you know you are going to make a purchase, or planning to go out to eat at a national chain, spend a minute to see if the store or restaurant is a Scrip program participant. You can also order physical gift cards that Jim may not regularly stock. It is a painless and generous way to support Trinity! Jim Anderson, Minnie or I can assist you in learning about the program and help you set up an account. -Pam Smyth



Veterans Brunch Feb. 25th, 2018

Our veterans brunch has been going strong since the very first one held in June 2013. This month was no exception! Our theme for the month was Italian and our guests really seemed to enjoy themselves and our scrumptious offerings.

We had 50 veterans in attendance and 27 volunteers working hard to create a wonderful meal for all to enjoy. Menu selections this month were scrambled eggs, bacon, cinnamon raisin french toast, spaghetti or rigatoni, spaghetti or marinara sauce, meatballs, stewed tomatoes, chicken parmasean, sausage and pasta, garlic bread, tossed salad, coleslaw, potato salad, olives, vegetable tray, fresh fruit, desserts, water, juice and coffee.

The highlight of the brunch was a photo taken of our Veterans, holding a 'Thank You' sign that will be sent to Bishop Gutierrez and the Diocese for their donation of \$2400.00 for 2018 in support and recognition of our monthly efforts toward local veterans.

Special thank you to Pat Kirkner who made all the meatballs (300+) and spaghetti sauce for the brunch. God Bless our Veterans, Trinity and God Bless America. "I migliori auguri!" (best wishes)

-The Brunch Bunch



150th Anniversary Year!

150th Anniversary = 150 years of faith in Coatesville

Upcoming events:

- Save-a-date cards to be mailed out to congregation and guests for our main event in October.
- Follow-up letter to the greater community requesting partnership and sponsorship towards the "historic preservation fund" to help maintain our building; our presence; and our anniversary celebration costs.
- Photos to be taken of clergy, vestry, office administration and group photo of congregation for anniversary book.
- First service project to "give back to the community" will be April 21st.
- Next scheduled meeting will be Mar. 4th, 2018.
 - Work assignments to be handed out for members of the congregation to help in the various upcoming events.

See everyone at the meeting!

-Joe Kirkner, Chair



Women's Group

Thank you to all participants at our Shrove Tuesday Valentine Dinner. There were 33+ attendees to the dinner, held on Feb. 13th. Guest were treated to either filet of beef or shrimp scampi, noodles with their choice of red or white sauce, green beans, corn pudding (!), and a variety of desserts; all for just \$6.00. We played bingo; marched a mardi gras parade to the sound of Lord of the Dance played by Gail; and retired the Alleluia banner until Easter morn. If you joined us, thank you; if you couldn't make it – you missed all the fun. And the women added \$200 to our account; which will be donated to various Trinity needs and activities over the rest of our 150th Anniversary year.

Clear your Calendars, Ladies! Back by popular demand, we're doing the Paint party again:

- ❖ Friday, April 13th, 6:00-9:00 PM. **Potluck, Paint and Pinot Party.** A fun-raising, fundraiser. Bring your husbands, child, neighbor, friend – it's a great opportunity be relax, laugh AND create your very own masterpiece. It will be a springtime themed picture.

Attention, All readers of Trinity Topics, users of Stone Hall, and Congregation:



- ❖ Once upon a time, we had eight of these oven trays =
- ❖ Then in 2011 we had only five left. Now we are reduced to two!! Please check your pantry, cupboards, or storage to make sure they weren't accidentally misplaced. These are invaluable to Trinity as you can fit 2 per oven shelf, 4 per oven, and 8 per cycle...a necessary tool for our veteran's brunch and breakfast with Santa, among many other baking and roasting opportunities. (Attempts to purchase new has revealed inferior strength and quality!) *-Thank you, The Women's Group*



EASTER MEMORIAL FLOWERS 2018

This year again, we will be ordering a variety of flowers to decorate for Easter. If you are interested in placing memorial flowers in the church, please fill in your name, phone number and how many flowers you are ordering along with the name of the person(s) placed in memory of. The suggested donation is a minimum of \$12.00. Make checks payable to Church of the Trinity and return this order form with your payment to the parish office by March 11th.

NAME _____

PHONE NUMBER _____

NUMBER OF PLANTS ORDERED _____

NAME/S OF PERSON/S PLACED IN MEMORY OF _____



Caroline Puma	3-Mar
Antonio Wilson	6-Mar
Chris Haak	7-Mar
Mildred Covelski	9-Mar
Reese Olson	10-Mar
Esther Harvey	14-Mar
Michelle Butler	20-Mar
Meg Devereux	26-Mar
Joseph Kirkner, III	29-Mar
Robin McWilliams	29-Mar
James Shreve	29-Mar

Mark & Gretchen Olson	18-Mar
Ray & Liz Hulse	31-Mar

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Lectio Divina 11AM Yoga 1240P	Stations 7PM	
4	5	6	7	8	9	10
		CHOIR		Lectio Divina 11AM	Stations 7PM	SH RENTED
11	12	13	14	15	16	17
SH RENTED		CHOIR		Lectio Divina 11AM Yoga 1240P What's Cookin' in Coatesville 6PM	Stations 7PM	BINGO
18	19	20	21	22	23	24
Annual Meeting		CHOIR		Lectio Divina 11AM	Stations 7PM SH RENTED	SH Rented
25	26	27	28	29	30	31
Palm Sunday Veterans Brunch		CHOIR		Maundy Thursday 7PM	Good Friday 7PM	Holy Saturday 9AM Morning Prayer



Readers, Servers and Greeters for March 2018



Date	Readers	Psalter/P-O-P	Chalists	Servers	Torches	Greeters
3/4	Chris Haak	N/A	Pam Smyth	Al Carey	N/A	TBA
	Pam Smyth	Bill Terry	Al Carey	Al Carey	N/A	
3/11	Cathy Renzulli	N/A	Pat Kirkner	Craig McGovern	N/A	TBA
	Vic Shanley	Kent Nation	Donna Fleck	Pat Kirkner	N/A	
3/18	Seth Haak	N/A	Jim Anderson	Jim Anderson	N/A	TBA
	Jim Anderson	Craig McGovern	Lon Cross	Jim Anderson	N/A	
3/25	Violet Armstead	N/A	Pat Kirkner	Craig McGovern	N/A	TBA
	Lon Cross	Bill Terry	Bill Terry	Bill Terry	N/A	

CHURCH OF THE TRINITY
323 East Lincoln Highway
Coatesville, PA 19320-3409

For more information

contact:

The Reverend Sherry Deets, Rector
610-384-4771
trinitycoates@aol.com
Website:
www.trinitycoatesville.org

Jamoca Harkins, Parish Administrator

Parish Office Hours
Monday – Friday
330PM—530PM
1 Full Day a Week-TBD

Mission Statement

Church of the Trinity is a congregation rooted in the faith and love of Christ, unified in diversity, seeking to grow and nourish the Trinity family and our Coatesville community.

**THE EPISCOPAL
CHURCH OF THE TRINITY**
323 East Lincoln Highway
Coatesville, Pennsylvania 19320-3409

Service Schedule

Holy Eucharist

Sundays 9:30 AM

Thursdays 12:00 PM

Church School

Sundays 9:15 AM

Bible Study

Mondays 7:00 PM