



Trinity Topics

From the Rector's Desk . . .

By the Reverend Sherry Deets

Dear Friends,

This month I'd like to share a meditation about things in our lives that are unmendable. It's from Joyce Rupp's book *The Cup of our Life: A Guide for Spiritual Growth*. It's entitled the "Unmendable Cup". She writes:

Sometimes there are parts of our lives that are unmendable. Like the old Humpty Dumpty rhyme, we cannot always put the pieces of our life back together again, at least not in the same way that they were before. Some pieces are irreplaceable or unable to be "fixed." Closed institutions, lost jobs, shattered relationships, loved ones who have died, dreams never brought to birth, and permanent bodily changes from disease, aging or accidents are all situations that cannot be restored. ...Although we may not be able to put the old pieces of a situation, event, or experience back together again, we can still mend our spirits.

Old hurts, heartaches, memories, destructive behaviors, and other wounds do not have to break us apart forever. The Serenity Prayer expresses this vital truth—we need wisdom to know when something is mendable and when it is irreparable. We need courage to take the necessary steps to move on with our lives, whether those steps are leaving someone or something behind, or returning to the brokenness and taking action to put the pieces back together again.

When our woundedness involves a situation that cannot be mended, then there comes a time when we have to cease our attempts to put those pieces of our life together. The healing of our spirit will come when we let go of the past, stop trying to have things be as they used to be, get on with our lives, and tend to what is before us.

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Today can be a day to take inventory of your life to see if there are any fragments that cannot be mended and, if so, to give them your goodbye.

Suggested reflection:

Ponder a cup as it lays on its side before you.

Is there anything in your life that seems unable to “rise up.”

Think about the possibility of it not being mendable.

Are you at peace with letting go of it?

Ask God for what you need in order to be healed.

Pick up the cup and hold it, upright, in your hands.

Ask God to give you wisdom and courage to let go of any old pain and difficulties that keep you in bondage.

Scripture: Read Isaiah 43:14-21

Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the deserts. (Is 43:18-19)

Healing Service via Zoom Thursdays at Noon

We continue to offer a Healing Service via Zoom on Thursdays at Noon. The Zoom link is emailed via our Constant Contact email service on Wednesdays along with a copy of the order of service for the week. The order of service is also shared on the screen during the service itself. We commemorate a “saint” from the Episcopal Church utilizing the resource ‘A Great Cloud of Witnesses’ and share a little healing music from a variety of sources.

Beginning in September, we plan to resume our in person Healing Service on Thursdays at Noon in St. Cyril’s Chapel.

Family Service at 11:15 a.m. Sunday, August 1 In person and live-streamed

As you may be aware, Trinity has been taking advantage of technology and trying something a little different. We have a small group that is willing to experiment with a different style of worship, which is primarily about experiencing a different style of music. We have received positive feedback, and we are now making some adjustments. The service will take place at 11:15 a.m. (instead of 4:30) on the First Sunday of each month and we are naming it our Family Service. The Vestry is supportive of moving forward boldly and our plan is to have a ‘praise band’ with keyboard, guitar and drums. We

will have additional musicians and vocals. We are sowing seeds that we hope will grow into additional members of our Trinity community.

Like our regular Sunday worship service, the service is in person and also live-streamed and the videos will find a home on our Trinity Facebook page and YouTube channel for you to check out later. This is one way we are seeking to reach new people who may prefer a different style of music. Look for this to happen on the first Sunday of each month. Check it out! Let your friends know!

Morning Prayer with Music
Sunday, August 15th at 9:30 a.m.

Pastor Sherry will be on vacation August 9 – 16th. This is an opportunity for you to experience Morning Prayer, a traditional part of the Episcopal worship experience. Many practice Morning Prayer and Evening Prayer on a daily basis and the services can be found in our Book of Common Prayer. Deacon Joan will lead us on Sunday, August 15th.

Trinity Re-Gathering Celebration at the Bentleys
Sunday, September 12, Service begins at 10:30 a.m.
Worship and Fellowship

The first Sunday after Labor Day has traditionally been known as Rally Day at Trinity. This year we are planning a grand “Re-Gathering” celebration. The Bentleys have graciously offered their beautiful property as the setting for an outdoor worship service and picnic afterwards. (In the event of rain, there is an arena we can use). Place the date on your calendar – fellowship activities and opportunities for FUN are in the works! We will begin our worship service at 10:30 a.m. and enjoy a picnic style lunch together afterwards.

Coatesville Invitational Grand Prix Returns

The Grand Prix is returning to Coatesville on Saturday, September 18th!

FUNDRAISING

Hard to believe, but we've come to that time of year for Trinity's Annual Chicken BBQ!

On Sat, Aug 21, we will once again be offering our traditional and yummy BBQ'd Chicken Dinner which will include a 1 1/2 lb side of chicken smothered in Al Carey's signature BBQ sauce, a piping hot baked potato, green beans, cole slaw and roll and butter. Equally as hard to believe is that you can enjoy all this for only **\$13.00 !!!** Orders will be available for pickup from 12 noon til 4 pm. Please note your requested pickup time when ordering.

Dinners can be ordered by calling the church office at 610-384-4771 OR by tapping into our website.....<https://www.trinitycoatesville.org/> and clicking the "Chicken BBQ" link. And the best part is, you can pay for your dinners on the website when ordering by following the easy steps.

Don't feel like getting out of your car? No problem.....just pull up to the curb, let us know who and how many and we'll hand deliver your dinners right to your passenger side window.

I don't know about you, but I'm excited to be able to present this event on behalf of Trinity. Last year, despite the pandemic, we completely SOLD OUT! So, advance orders are **strongly** suggested. Don't miss out on this savory meal, and don't pass up the chance to make this THE fundraising event for your Trinity!

Thanks.....see you on Aug 21!

Vic Shanley, Chmn., Fundraising Comm.



Barbara Chatman-Royce	1-Aug
John Petura	5-Aug
Susan Petura	7-Aug
Maureen Evans	16-Aug
Ashlyn Saylor	17-Aug
Marie Price	19-Aug
Abrielle Butler	23-Aug
Jacqueline Heston	24-Aug
Caroline Bentley	24-Aug
Cheryl Robinson	29-Aug

Joe & Pat Kirkner	6-Aug
Bill & Kathy Terry	8-Aug

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Family Service 11:15 AM				Noon Healing Service Via Zoom		
8	9	10	11	12	13	14
	Sherry-OFF	Sherry-OFF	Sherry-OFF	Sherry-OFF	Sherry-OFF	
15	16	17	18	19	20	21
Morning Prayer Sherry-OFF				Noon Healing Service Via Zoom		<u>Chicken BBQ</u>
22	23	24	25	26	27	28
				Noon Healing Service Via Zoom	Walt Cheatham Memorial Service & Repast 11AM	SH Rented
29	30	31				

CHURCH OF THE TRINITY

**323 East Lincoln Highway
Coatesville, PA 19320-3409**

For more information

contact:

The Reverend Sherry Deets, Rector

610-384-4771

trinitycoates@aol.com

Website:

www.trinitycoatesville.org

Mission Statement

**Church of the Trinity is a
congregation rooted in the
faith and love of Christ, unified
in diversity, seeking to grow
and nourish the Trinity family
and our Coatesville
community.**

Service Schedule

Holy Eucharist

Sundays 9:30 AM

Thursdays 12:00 PM

**Jamoca Harkins,
Parish Administrator**

Parish Office Hours:

Monday-Friday: 5:30-7:30pm

**THE EPISCOPAL
CHURCH OF THE TRINITY
323 East Lincoln Highway
Coatesville, Pennsylvania
19320-3409**

Church School

Sundays: 9:15 AM

